



~ 10th Anniversary ~

Manda's Race

5K Run ~ 5K Noncompetitive Walk

Saturday, October 28, 2017

9:00 a.m.

Westchester Intermediate School

1050 South 5th Street • Chesterton, Indiana

GOLD CUP SERIES RACE



Manda Spitler 1981-2002



Welcome to Manda's Race, a 5K run and noncompetitive walk. Your host is the Community Action Drug Coalition of Porter County and your safety is paramount to us. So, we please ask you to participate without listening devices that muffle course marshal instructions and oncoming traffic. Manda's Race is stroller friendly, but "strollers", please start the event from the back. Thank you for your kind consideration and we hope that you find Manda's Race not only safe, but the creepiest fun you have ever had in a 5K. Happy Halloween.

DIRECTIONS:

Take IN 49 to County Rd. 1100 N. Go West to 5th Street then North on 5th Street for approximately 1/4 mile to Westchester Intermediate School. Left into driveway. Primary parking to the left. Overflow parking to the right.

THE COURSE:

Paved city streets with a mild upgrade in mile 2. It's fast. Water at about mile 1.5. Porter County Sheriff's Dept. will start the race with a siren on a car confiscated from a drug dealer. Our course is USATF CERTIFIED:
Course # IN12009TDK

AGE GROUPS:

0-8, 9-10, 11-12, 13-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+

Race results online: thtiming.com

AWARDS:

- 1st male and 1st female overall
- 1st male and 1st female masters
- Top 3 finisher's in each age group
- Top 3 for Athena and Clydesdale

PRE-REGISTRATION:

By October 16th with T-shirt - \$20

By October 16th with NO T-shirt - \$15

REGISTRATION AFTER OCTOBER 16th - \$25

T-shirt not guaranteed

RACE DAY - 7:30 AM - 8:45 AM - \$25

T-shirt not guaranteed

CAL STRIDERS -\$2 OFF DISCOUNT BY OCTOBER 16th

No discounts on Race Day

FAMILY CATEGORY

\$12 for each member for families of 3 or more

Add \$5 for each t-shirt by October 16th

T-shirt not guaranteed after October 16th

ONLINE REGISTRATION:

thtiming.com by October 16th

BY MAIL:

Make checks payable to:

Community Action Drug Coalition of Porter Co.

P.O. Box 2421 • Valparaiso, IN 46384

THEME:

Our 5K event is held to fight the beast of drug addiction. As serious as this is, we want everyone to have a blast! Halloween was a favorite of Manda's so enjoy - be goofy, wacky, screwy, odd, possessed, daft, nutty, deranged, looney, crazy and zany. We encourage costumes and reward the more creative ones with prizes!

Inquires? Contact Mann Spitler III, D.P.M., CPP

RRCA Certified Race Director

219.464.9221

besafe@mandasstory.com

Name: _____ Race Day Age: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ e-mail: _____ Male Female

No T-shirt Option

Adult T-shirt Size S M L XL XXL Cal Strider Member \$2 Discount

Youth T-Shirt Size S M L Enter Discount Code: _____

Participating in 5K Run 5K Walk Athena Clydesdale

Participant Signature (parent/guardian if entrant is under 18 years old) _____

Waiver and release: I know that participating in a road race is a potentially hazardous activity. I should not participate unless I am medically and physically able to do so, and it is my sole responsibility to determine if I am medically and physically able to participate in the event. I understand the nature of the event and I ASSUME ALL RISKS associated with my voluntary participation in this event including, but not limited to, falls, contact with other participants, the effects of weather, including extreme temperatures and precipitation and knowing these facts, I, for myself, heirs, executors, administrators or anyone else who might make a claim on my behalf, COVENANT NOT TO SUE, WAIVE ALL CLAIMS AGAINST, AND FULLY RELEASE AND DISCHARGE the Community Action Drug Coalition of Porter County, the Calumet Striders, T & H Timing, Duneland School Corporation, race sponsors, race participants, race officials, workers, volunteers and any and all officers, (collectively, the "Releasees") for ANY AND ALL claims and liability, including without limitation the sole or contributory negligence of any or all Releasees, whether foreseen or unforeseen, for death, personal injury (whether temporary or permanent), or property damage arising out of, or in the course of, my participation in this event. I understand and agree that information about me, including information on this form, may be provided to third parties for any legitimate purpose, including commercial marketing purposes. I further grant full permission to Manda's Race and the Releasees, and/or agents authorized by them, to use any photographs, video tapes, motion pictures, or other record of the event for any reasonable purpose.

COURSE MAP

